

Access Leisure Adult Programs Fall/Winter '26

Recreational & Social Programs for Adults 18+ with Intellectual and/or Developmental Disabilities

September

SEP 02	Talent Show	Activity #: 33257	SEP 19	Bocce Ball & Picnic	Activity #: 33249
SEP 09	Social @ McKinley Park	Activity #: 33258	SEP 23	Silent Disco	Activity #: 33260
SEP 10	Get Fit	Activity #: 33275	SEP 24	Get Fit	Activity #: 33271
SEP 15	River Cats Game	Activity #: 33255	SEP 30	Paint & Sip	Activity #: 33261
SEP 16	Trivia Night	Activity #: 33259			

October

OCT 07	Movie & Popcorn	Activity #: 33262	OCT 22	Get Fit	Activity #: 33272
OCT 14	Bingo	Activity #: 33263	OCT 24	Halloween Dance	Activity #: 33194
OCT 17	Bocce Ball & Picnic	Activity #: 33250	OCT 28	Game Night	Activity #: 33265
OCT 21	Arts & Crafts	Activity #: 33264			

November

NOV 04	Talent Show	Activity #: 33266	NOV 18	Trivia Night	Activity #: 33267
NOV 07	Farmer's Market	Activity #: 33174	NOV 21	Thanksgiving Dance & Sweet Dessert	Activity #: 33195

December

DEC 02	Movie & Popcorn	Activity #: 33268	DEC 17	Get Fit	Activity #: 33274
DEC 09	Arts & Crafts	Activity #: 33269	DEC 19	Holiday Sip & Sing	Activity #: 33196
DEC 16	Reflections	Activity #: 33270			

Question?

Contact Kou Yang at (916) 808-6045
or KYang@cityofsacramento.org

How to Register

Scan the QR code to
register for activities online.

