

ACCESS LEISURE FALL 2026

RECREATIONAL & SOCIAL PROGRAMS FOR YOUTH & TEENS WITH INTELLECTUAL AND/OR DEVELOPMENTAL DISABILITIES

YOUTH ART

Let's get creative! Come join Access Leisure for an opportunity to learn about influential artists and practice a new art skill. Together, youth will engage with history and technique of the artist for that day then try that medium out themselves! **Activity Fee: \$8**

9/19 | 11 am - 12 pm
Activity #: 33188
Location: Southside Clubhouse
To register, click or tap [HERE](#)

10/17 | 11 am - 12 pm
Activity #: 33190
Location: Southside Clubhouse
To register, click or tap [HERE](#)

11/21 | 11 am - 12 pm
Activity #: 33192
Location: Southside Clubhouse
To register, click or tap [HERE](#)

YOUTH DANCE

Let's get our groove on! In this dance series, youth will explore and learn different dance movements and creatively express themselves through body movement. We will play dance and rhythm games, interact positively with peers and have fun! No dance experience needed. **Activity Fee: \$8**

9/19 | 12:15 - 1:15 pm
Activity #: 33189
Location: Southside Clubhouse
To register, click or tap [HERE](#)

10/17 | 12:15 - 1:15 pm
Activity #: 33191
Location: Southside Clubhouse
To register, click or tap [HERE](#)

11/21 | 12:15 - 1:15 pm
Activity #: 33193
Location: Southside Clubhouse
To register, click or tap [HERE](#)

TEEN THE HANGOUT

The Hangout is a program where teens create connections with peers and community, learn personal and life skills/goals, practice positive interactions, create and have fun! This is an after school program developed for teens with disabilities (ages 13 - 22). Teen Hangout events take place every Tuesday and Thursday.

September 2026
3 pm - 6 pm | Ages: 13 - 22
Fee: \$90 | Activity #: 33168
Location: Southside Clubhouse
To register, click or tap [HERE](#)

October 2026
3 pm - 6 pm | Ages: 13 - 22
Fee: \$90 | Activity #: 33169
Location: Southside Clubhouse
To register, click or tap [HERE](#)

November 2026
3 pm - 6 pm | Ages: 13 - 22
Fee: \$60 | Activity #: 33170
Location: Southside Clubhouse
To register, click or tap [HERE](#)

December 2026
3 pm - 6 pm | Ages: 13 - 22
Fee: \$60 | Activity #: 33171
Location: Southside Clubhouse
To register, click or tap [HERE](#)

TEEN DAY OUT

Teen Day Out is an opportunity for teens with disabilities to be out in the community and explore all that the city has to offer safely with peers!

Museum of Science and Curiosity
9/12 | 1 - 4 pm
Ages: 13 - 22 | Fee: \$15
Activity #: 33172
Location: MOSAC
To register, click or tap [HERE](#)

Halloween Movie & Pizza
10/9 | 5:30 - 8:30 pm
Ages: 13 - 22 | Fee: \$12
Activity #: 33173
Location: Southside Clubhouse
To register, click or tap [HERE](#)

Farmer's Marking & Lunch
11/14 | 9 am - 12 pm
Ages: 13 - 22 | Fee: \$12
Activity #: 33174
Location: Midtown Farmer's Market
To register, click or tap [HERE](#)

Holiday Lights & Hot Coco
12/11 | 5 - 7 pm
Ages: 13 - 22 | Fee: \$12
Activity #: 33172
Location: Fab 40s
To register, click or tap [HERE](#)

HOLIDAY SIP & SING

Access Leisure invites ALL of our participants to join in on the holiday cheer with some holidays sing-a-long and hot chocolate!

12/19 | 4 - 6 pm | Ages: ALL | Fee: \$8 | Activity #: 33196
Location: North Natomas Community Center
To register, click or tap [HERE](#)

Need financial help? The process is quick and easy. Apply for our Access Leisure Fun Pass scholarship! To learn more, click this link: www.cityofsacramento.gov/ypce/YPCEscholarships.

Scan the QR code to register for activities online or contact us at 916-808-5462 for assistance.

