





Youth, Parks, & Community Enrichment

Community programs for young adults and adults with intellectual

and/ or developmental disabilities.

May 2024

Notes about Covid policies: The City will continue to adhere to local health guidelines regarding COVID-19 safety. As of the date this calendar was published, masks will be <u>optional</u> for our indoor activities at the Hart Senior Center. Masks are optional for our other activities. If you have had any symptoms of Covid-19 or have been exposed to Covid-19, please plan to stay home. We can always work with you to provide a refund if needed. We appreciate your understanding. If you are dropping participants off, please plan to stay until the health screen has been completed.

Program	Date & Time	Location	Important Program Details	
Healthy Lifestyles: Get Fit Join Access Leisure in our fitness journey as we start going towards a healthy lifestyle. Earn tickets to a raffle for prizes by attending and participating in our fitness program. May 6 th : Activity:26493 May 15 th Activity:26494	Monday, May 6 th 6:00pm – 7:30pm & Wednesday, May 15 th 6:00pm-7:30pm	May 6 th : Hart Senior Center 915 27 th Street, Sacramento, CA 95816 May 15 th : Clunie Community Center 601 Alhambra Blvd Sacramento, CA 95816 Drop off/pick up will be in front of the library at Clunie Community Center.	May 6th: \$7 per person, <u>Click or tap here to register</u> Last day to register: 5/6/24 May 15th: \$7 per person, <u>Click or tap here to register</u> Last day to register: 5/13/24	
Social day at Mckinley Park Join us for a day at the park. Access Leisure will host a social day at Mckinley Park. Games will be played, and board games will be provided. Activity: 26495	Wednesday May 8 th 6:00pm – 7:30pm	Clunie Community Center 601 Alhambra Blvd Sacramento, CA 95816 Drop off/pick up will be in front of the library at Clunie Community Center.	May 8 th : \$8 per person, <u>Click or tap here to register</u> Last day to register: 5/6/24	
Family Feud Family Feud makes its debut for Access Leisure. Join us for this one night only as Access Leisure host their own version of the hit show. You think you know the answers, register, and find out. Activity: 26496	Monday, May 20 th 6:30pm-8:30pm	Hart Senior Center 915 27 th Street, Sacramento, CA 95816	May 20 th : \$8 per person, <u>Click or tap here to register</u> Last day to register: 5/18/24	
Talent Show Access Leisure's talent show makes it return. Do you want to show your singing talents, acting, spoken word, stand up comedy. We welcome all those who attend. Activity: 26498	Wednesday, May 22 th 6:00pm-8:30pm	Hart Senior Center 915 27 th Street, Sacramento, CA 95816	May 22 th : \$8 per person, <u>Click or tap here to register</u> Last day to register: 5/20/24	
River Cats Baseball Game Come one, come all baseball fans and root, root, root for the home team! Join us at Sutter Health Park as the River Cats take on the Tacoma Rainers Activity: 26422	Tuesday, May 28th 6:00pm – 9:30pm	Sutter Health Park 400 Ballpark Dr. West Sacramento, 95691 Drop off & pick up: Outside of the Sutter Health Park Box Office	May 28th: \$35.00 per person, <u>Click or tap here to register</u> Last day to register:5/27/24	

Join us by Act right a what i a sum Activit	Crafts s for a day of craft led cess Leisure. Summer is round the corner and s a better way to enjoy mer craft. y: 26499	Wednesday, May 29 th 6:30pm-8:30pm	Hart Senior Center 915 27 th Street, Sacramento, CA 95816		May 29th: \$15.00 per person, <u>Click or tap here to register</u> Last day to register: 5/28/24					
Online registration is the most efficient way to register for these programs. The links are in each row listed above (in the 4 th column, under "Important Program Details"). <u>If you are unable to register online, here are some additional options</u> : To register, please fill out the following form completely and send it in with your check payment. If the program is full when we receive your check, we will contact you directly to let you know. Pay by card on the phone: (916) 808-7970. *NOTE: If you need more room to list full names, please attach a separate piece of paper.										
Nam	Name(s) Age M/F Number Attending									
Current Address										
Care	e Home/Facility (if appli	cable)		Email						
Curre	ent Phone Numbers:									
Hom	e #	Cell #		Emerge	ency #					
Support Needs (wheelchair, meds, dietary, etc.)										
\checkmark	Program and Date		Cost	# of People Attending	Total	Activity #				
	Healthy Lifestyles: Get	Fit (5/6)	\$7.00	#	= \$	26493				
	Social Day at Mckinley Park (5/8)		\$8.00	#	= \$	26495				
Healthy Lifestyles: Get Fit (5/15)		\$7.00	#	= \$	26494					
	Family Feud (5/20)		\$8.00	#	= \$	26496				
	Talent Show (5/22)		\$8.00	#	= \$	26498				
	River Cats Baseball (5/	28)	\$35.00	#	= \$	26422				
	Arts & Craft (5/29)		\$15.00	#	= \$	26499				
If using a Visa or Mastercard please indicate the following:										
Nam	e on Card being us	sed:								
Visa or Master Card #			Exp. date							
Total Amount Enclosed (or Charged) = \$										
*OFFICE USE ONLY:										
Processing Date: Payment Form:		Check/MO#		Payment Amount:						
Make checks payable to: City of SacramentoRegistrations and payments (check & Master Card or Visa) can be sent to:Belle Cooledge Community Center, 5699 S. Land Park Drive, Sacramento, CA 95822Attn: Access LeisureIn-Person Registration:Coloma Community Center, 4623 T Street, Sacramento, CA 95816 (Monday – Thursday, 9am-4pm)Pannell Meadowview Community Center, 2450 Meadowview Road, Sacramento, CA 95832 (Monday – Friday, 9am-6pm)South Natomas Community Center, 2921 Truxel Road, Sacramento, CA 95833 (Monday – Thursday, 9am-4pm)										

Registrations must be received 3 days prior to the event date.

1. Be aware that mailing in registrations does not guarantee acceptance into the program.

2. Individuals whose checks bounce will be responsible for the check amount plus associated bank fees.

3. If you are a rider of ParaTransit and you have a pick-up time later than thirty minutes after the scheduled end of the program, we ask you to find an alternative means home.

4. We are unable to administer medication during program hours. Participants must be able to take own meds or have an attendant provided to assist them.

5. Events costing \$10 or more, personal assistants will need to cover the program fees.

6. Refund Policy: Full Refund 72 hours prior to event; 50% within 72 hours; No refunds day of & after event.

If you have questions, contact Sy Vue at (916) 808-7970 or <u>svue1@cityofsacramento.org</u>.

Community Notes

- For adult programs or volunteer opportunities, contact Sy Vue: <u>svue1@cityofsacramento.org</u>.
- For Adaptive Sports, contact Kou Yang: <u>KYang2@cityofsacramento.org</u>.
- For youth & teen programs, contact Paige Domgaard: <u>PDomgaard@cityofsacramento.org</u>.