

# POOL RULES

1. ALL PERSONS ENTERING MUST PAY AN ENTRANCE FEE.
2. RE-ENTRY TO THE FACILITY REQUIRES AN ADDITIONAL PAYMENT; IN OTHER WORDS, THERE ARE NO IN-AND-OUTS ALLOWED.
3. NO DIVING IN WATER LESS THAN 5 FEET DEEP.
4. NO PROLONGED AND/OR REPETITIVE BREATH-HOLDING UNDERWATER (HYPOXIC TRAINING).
5. NON-SWIMMERS MUST BE WITHIN ARM'S REACH OF A SUPERVISING ADULT.
6. ONLY CITY-ISSUED LIFE JACKETS PERMITTED.
7. CHILDREN NOT BATHROOM-TRAINED MUST WEAR DISPOSABLE SWIM DIAPERS.
8. NO RUNNING ANYWHERE IN THE FACILITY.
9. AVAILABLE SEATING IS ON A FIRST-COME, FIRST-SERVED BASIS.
10. NO PUSHING, PULLING, WRESTLING, OVERT SPLASHING, DUNKING, OR ANY TYPE OF "HORSEPLAY" WHICH CAN BE VIEWED AS DANGEROUS OR INAPPROPRIATE.
11. NO SWIMMING IN THE DIVING OR SLIDE AREA, WHEN BOARDS OR SLIDES ARE BEING USED.
12. IN ORDER TO SWIM IN WATER GREATER THAN CHEST DEPTH, PARTICIPANTS MUST PASS A SWIM TEST.
13. NO CLIMBING ON OR DIVING FROM GUARD CHAIRS.
14. T-SHIRTS ARE NOT ALLOWED, UNLESS WORN IN SHALLOW END ONLY AND TIED/TUCKED IN.
15. GUESTS MUST WEAR EITHER A SWIMMING SUIT OR HEMMED SHORTS. SHORTS MUST BE ABOVE THE KNEE. NO STREET CLOTHING OF ANY TYPE IS ALLOWED.
16. NO ANIMALS OR PETS IN THE POOL AREA OR BUILDINGS, EXCEPT SERVICE ANIMALS.
17. ENTERING AN OFFICE AREA WITHOUT PERMISSION IS PROHIBITED.
18. NON-CITY OF SACRAMENTO SPONSORED OR SANCTIONED ACTIVITIES ARE PROHIBITED.
19. NO CLIMBING, SITTING, OR JUMPING OVER FENCES.
20. NO EATING OR DRINKING IN THE WATER.
21. NO CALLS FOR HELP WHEN NOT IN DISTRESS.
22. NO GLASS CONTAINERS ANYWHERE IN THE FACILITY.
23. SMOKING OR THE USE OF ANY TOBACCO PRODUCTS ARE PROHIBITED.
24. DRUG AND ALCOHOL USE IS PROHIBITED.
25. PROFANITY IS NOT ALLOWED AND WILL NOT BE TOLERATED.
26. DISOBEDIENCE OR DISRESPECT OF THE LIFEGUARDS OR STAFF IS PROHIBITED.
27. NO BICYCLES IN THE FACILITY (USE BIKE RACKS).
28. NO SNORKELING EQUIPMENT OR FLOTATION DEVICES ALLOWED, UNLESS FIRST AUTHORIZED BY STAFF.
29. CHILDREN UNDER THE AGE OF 13 SHALL NOT USE POOL WITHOUT A SUPERVISING ADULT IN ATTENDANCE.
30. NO TABLES OR BARBECUES CAN BE BROUGHT INTO ANY FACILITY.
31. THE USE OF AMPLIFIED SOUND, SUCH AS SOUND SYSTEMS, SPEAKERS, STEREOS, MICROPHONES, WHISTLES OR BULL HORNS ARE PROHIBITED.
32. ANY OTHER ACTIONS THAT STAFF CONSIDER UNSAFE, POTENTIALLY DANGEROUS, INJURIOUS, OR NON-BENEFICIAL ARE PROHIBITED.

# NOTH NATOMAS AQUATICS COMPLEX POOL RULES

**\*ALL OF THE RULES ON PAGE 1 APPLY\***

1. ONLY COAST GUARD APPROVED TYPE I, II, & III LIFEJACKETS ARE PERMITTED.
2. LAWN CHAIRS ARE PERMITTED.
3. OUTSIDE TABLES ARE NOT PERMITTED.
4. POP-UP CANOPY TENTS AND LAWN UMBRELLAS ARE ALLOWED, PROVIDED THAT THEY ARE SECURELY STAKED IN THE GRASS AREA. THIS IS APPLICABLE ONLY WHEN THE 50M POOL IS OPEN TO THE PUBLIC.

# WADING POOL RULES

1. NO CHILDREN OVER 7 YEARS AND/OR TALLER THAN 48 INCHES.
2. NO DIVING.
3. NO RUNNING ALLOWED IN OR AROUND THE POOL AREA.
4. NO ENTRY INTO THE POOL AREA OR THE POOL ITSELF WITHOUT APPROPRIATE STAFF ON DUTY.
5. NO CLIMBING, SITTING, OR JUMPING OVER FENCES, FOUNTAINS, OR PLAY STRUCTURES.
6. DISOBEDIENCE OR DISRESPECT OF THE AQUATIC STAFF WILL NOT BE TOLERATED.
7. ALL SWIMMERS MUST HAVE AN ADULT PRESENT WITHIN THE PLAY POOL GATED AREA.
8. NO TABLES OR BARBECUES CAN BE BROUGHT INTO ANY FACILITY.
9. THE USE OF AMPLIFIED SOUND, SUCH AS SOUND SYSTEMS, SPEAKERS, STEREOS, MICROPHONES, WHISTLES OR BULLHORNS ARE PROHIBITED.
10. ANY OTHER ACTIONS THAT STAFF CONSIDER UNSAFE, POTENTIALLY DANGEROUS, INJURIOUS, OR NON-BENEFICIAL ARE PROHIBITED.