



ANNOUNCEMENTS

Sacramento Food Bank

(located in our parking lot)

Jan. 6, Jan. 20

Feb. 3, Feb. 17

9am to 11am

Summer Registration

Don't miss out! Register for next
seasons activities starting on

April 8th @ noon

Center Closure Dates:

January 1

January 19

February 16

March 31



How to
reach us:



NATOMASRESERVE@CITYOFSACRAMENTO.ORG

PH: 916-808-1571

WWW.CITYOFSACRAMENTO.GOV

**Scan to register for our
activities online or you
may also register at our
front desk!**



WELCOME
TO
**SOUTH
NATOMAS**
COMMUNITY CENTER

Winter/Spring 2026 Activities

Hours of Operation:
Mon-Fri 8:00AM-8:00PM
Sat. 8:00AM-12:00PM

2921 Truxel Road
Sacramento, CA 95833

City of
SACRAMENTO
Youth, Parks, & Community Enrichment

YOUTH (AGES 6-12)

Rec Express

Jan 5 - May 29 / 3-6pm

Participants enjoy a variety of fun activities such as arts and crafts, games, STEAM activities and outside play.

Kids Night Out

Jan. 16 & Mar. 20 / 6:30-8:30PM / \$5

Kids Night Out is a time for children ages 6-12 to enjoy some social experiences on a Friday night!

Spring Break Camp

Mar. 30, Apr. 1-3 / 9AM - 12PM/ \$10 per day

Our seasonal break camps provide a safe, active, and fun environment for children during holidays.



TEENS (AGES 13-17)

Teen Scene

Jan 5 - May 29 / 3-6pm

Participants will enjoy a variety of exciting activities including games, crafts, team building and sports.

SENIORS (AGES 50+)

FITNESS

Chair-A-Cise, Garden Club,
Drum N' Fit, Golden Age Yoga,
Neighborhood Walk, Tai Chi,
Zumba w/Carla, Zumba
w/Faith, Groove Dance Club

INTERGENERATIONAL

Pinochle Pioneers, Mahjong
Generations

SOCIALS & MOVIES

Coffee Social, Craft & Chat,
Matinees; 1/23: Journey 2: The
Mysterious Island,
2/27: The Six Triple Eight

SPECIAL EVENT

Spring Senior Event

April 16 / 11am-2pm / \$5

More information to come!

LEISURE ENRICHMENT

- **Community Martial Arts**

All Ages; \$85/month

Beginners:

Mon: @6:00pm

Tue. & Thur. @ 5:30pm or 6:30pm

Advanced: Wed. @ 5:30 or 6:30pm

Please call 916-494-1220 for more information

- **Kids R It: Dance Classes**

\$65/month

Fridays

Ages 3-4 @ 3:15pm

Ages 5-9 @ 4:15pm

Gymnastics: Ages 7-11 @ 5:15pm

Please call 916-331-0554 for more information

OTHER

Wellness Room

(\$50/year membership required)

Mon-Fri 8am-8:00pm

Sat. 8am-12:00pm

Computer Lab

9am-12:30pm

Monday/Wednesday/Friday