

Announcements:

- **SACRAMENTO FOOD BANK**

In our parking lot
9am-11am

Aug. 5, Aug. 19 Sept. 2, Sept. 15
Oct. 7, Oct. 21 Nov. 4, Nov. 18

- **SNCC Freaky Friday is now:
Outdoor Treat-a-Thon**

Oct. 24 6:30-8:30PM

We invite you to an incredible outdoor Halloween event. It will be the ultimate destination for candy, costumes, and community spirit this Halloween!

- **Winter/Spring Registration**

Don't miss out! Register for next season's activities starting
November 12 at 12:00 PM.



Computer Lab

Beginning 8/11:
9am-2pm

Monday/ Wednesday/ Friday

\$ Wellness Room

Mon-Fri 8:00AM-8:00PM
Sat. 8:00AM-12:00PM

**Scan to register for our
activities online or you may
also register at our front desk!**



City of
SACRAMENTO
Youth, Parks, & Community Enrichment



How to reach us:



916-808-1571



NATOMASRESERVE@CITYOFSACRAMENTO.ORG

www.cityofsacramento.gov



Fall/Winter 2025 Activities



Hours of Operation:
Mon-Fri 8:00AM-8:00PM
Sat. 8:00AM-12:00PM

**2921 Truxel Road
Sacramento, CA 95833**

Youth Ages 6-12

Rec Express

Aug.11 through Dec.19 / 3pm-6pm

Participants enjoy a variety of fun activities such as arts and crafts, games, STEAM activities and outside play.

\$ Kids Night Out

Oct. 17 & Dec.12 / 6:30-8:30PM

We will be offering various recreation activities, games and serve a meal for participants. Staff will lead fun activities designed to encourage, grow and support friendships and social skills.



Teens Ages 13-17

Teen Scene

Aug.11 through Dec. 19 / 3pm-6pm

Participants will enjoy a variety of exciting activities including games, crafts, team building and sports.



Hot Spot Remix

Sept. 12 & Nov. 14 / 6:30-8:30PM

Sign your teens up for Hot Spot Remix. They will enjoy a FREE meal and can WIN awesome prizes!



Seniors 50+

GARDEN CLUB • PINOCHLE
CHAIR-A-CISE • MAHJONG
DRUM N' FIT • COFFEE SOCIAL
GOLDEN AGE YOGA • MOVIE MATINEES
NEIGHBORHOOD WALK • TAI CHI
ZUMBA • GROOVE DANCE

\$ • Summer Special Event:

SENIOR SUMMER SHOWCASE

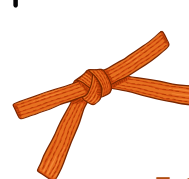
Aug 21, 2025 10am to 2pm

Where: George Sim Community Center
Get ready for a spectacular event featuring local community groups performing just for you! Live performances, great music, dance, and more.



Leisure Enrichment

\$ Community Martial Arts



All Ages

Beginners:

Tue. & Thur.

5:30pm or 6:30pm

Advanced: Wed. @ 5:30pm

916.494.1220 for more information



\$ Kids R It

Fridays

Dance Class:

Ages 3-4 @ 3:15pm

Ages 5-9 @ 4:15pm

Gymnastics: Ages 7-11

@ 5:15pm

916.331.0554 for more information

