

NNAC SHALLOW WATER Aquacise, Summer 2024

Session	Dates	Times	Days	Code	Total Classes
S1	6/16 - 7/14	11:30am - 12:30pm	SUN	25189	5
S1	6/18 - 7/2	9:15am - 10:15am	T/TH	25190	5
S1	6/18 - 7/2	7:30pm - 8:30pm	T/TH	25191	5
S1	6/19 - 7/17	9:15am - 10:15am	WED	25192	5
S2	7/21 - 8/11	11:30am - 12:30pm	SUN	25193	4
S2	7/9 - 7/23	9:15am - 10:15am	T/TH	25194	5
S2	7/9 - 7/23	7:30pm - 8:30pm	T/TH	25195	5
S2	7/24 - 8/7	9:15am - 10:15am	WED	25196	3
S3	7/30 - 8/8	9:15am - 10:15am	T/TH	25197	4
S3	7/30 - 8/8	7:30pm - 8:30pm	T/TH	25198	4

*No class July 4th

*No class July 4th

*No class July 25th

*No class July 25th

NNAC DEEP WATER Aquacise, Summer 2024

Session	Dates	Times	Days	Code	Total Classes
S1	6/22 - 7/13	11:30am - 12:30pm	SAT	25199	4
S1	6/26 - 7/17	7:30pm - 8:30pm	WED	25200	4
S2	7/20 - 8/10	11:30am - 12:30pm	SAT	25201	4
S2	7/24 - 8/7	7:30pm - 8:30pm	WED	25202	3