



ANNOUNCEMENTS

Sacramento Food Bank

(9am to 11am- located in our parking lot)

August 4 & 18

September 1 & 15

October 6 & 20

November 3 & 17

Fall Registration (Sept-Dec)

Don't miss out! Register for next seasons activities starting on

August 5th @ 12pm

Center Closure Dates

September 7

November 11, 26-27

December 24 (open 8am-12pm)

December 25

December 31 (open 8am-12pm)



How to reach us:



NATOMASRESERVE@CITYOFSACRAMENTO.ORG

PH: 916-808-1571

WWW.CITYOFSACRAMENTO.GOV

Scan to register for our
activities online or you may
also register at our front
desk!



WELCOME TO SOUTH NATOMAS COMMUNITY CENTER



Fall/Winter 2026 Activities

Hours of Operation:
Mon-Fri 8:00AM-8:00PM
Sat. 8:00AM-12:00PM

2921 Truxel Road
Sacramento, CA 95833

City of
SACRAMENTO
Youth, Parks, & Community Enrichment

YOUTH & TEENS

★ Rec Express (ages 6-12)

★ Teen Scene (ages 13-17)

Monday-Friday

August 17 - December 18

Time: 3:00pm-6:00pm

Participants will enjoy a variety of fun activities such as arts and crafts, games, STEAM activities and outside play. SNCC's program observes NUSD's traditional school calendar and therefore, we will be closed whenever there is a non-school day.



★ Fall Break Camps

\$10/per day - Ages 6-12

Time: (9:00am to 2:00pm)

Day 1: November 23

Day 2: November 24

Day 3: November 25

★ Winter Break Camps

\$10/per day - Ages 6-12

Time: (9:00am to 2:00pm)

Day 1: Dec. 21 Day 2: Dec. 22

Day 3: Dec. 23 Day 4: Dec. 28

Day 5: Dec. 29 Day 6: Dec. 30

★ Tots Day Out

\$5/per day - Ages 3-5

Day 1: September 25 (9am-11am)

Day 2: December 4 (11am-1pm)

SENIORS (AGES 50+)

High demand means limited space, so some activities are first-come, first-served. On the waitlist? Don't worry — if spots are still open 10 minutes after start time, you're welcome to join. Thanks for your cooperation!

- Garden Club
- Drum N' Fit
- Golden Age Yoga
- Neighborhood Walk
- Tai Chi
- Coffee Social/Craft & Chat
- Zumba w/Carla
- Zumba w/Faith
- Tech Talk
- Chair A Cise
- Senior Groove Dance
- Zumba Fridays



WINTER SENIOR EVENT 50+

Date & Time TBD / \$10

@ Oak Park Community Center

Show off your style in our Runway walk with your most extravagant holiday sweater. Come ready for music, laughter, and joyful winter celebration made just for our senior community. Registration required. Space is limited.

LEISURE ENRICHMENT

★ Community Martial Arts

\$85/month, Ages 5+

Beginners:

Mon: @6:00pm

Tue. & Thur. @ 5:30pm or 6:30pm

Advanced: Wed. @ 5:30 or 6:30pm

Please call 916-494-1220 for more information

★ Kids R It: Dance Classes

\$65/month

Fridays

Ages 3-4 @ 3:15pm

Ages 5-9 @ 4:15pm

Gymnastics: Ages 7-10 @ 5:15pm

Please call 916-331-0554 for more information

OTHER

Wellness Room

(\$50/year membership required)

Mon-Fri 8am-8pm

Sat. 8am-12pm

Computer Lab

9am-12pm

Monday & Wednesday

