

Announcements:

● SACRAMENTO FOOD BANK

In our parking lot
9am-11am

Sept. 2, Sept. 15 Nov. 4, Nov. 18
Oct. 7, Oct. 21 Dec. 2, Dec. 16

● SNCC Freaky Friday is now: Outdoor Treat-a-Thon

Oct. 24 6:30-8:30PM

We invite you to an incredible outdoor Halloween event. It will be the ultimate destination for candy, costumes, and community spirit this Halloween!

● Winter/Spring Registration

Don't miss out! Register for next season's activities starting
November 12 at 12:00 PM.



Computer Lab

Monday/Wednesday/Friday
9am-1pm

\$ Wellness Room

Mon-Fri 8:00AM-8:00PM
Sat. 8:00AM-12:00PM

Scan to register for our activities online or you may also register at our front desk!



City of
SACRAMENTO
Youth, Parks, & Community Enrichment



How to reach us:



916-808-1571



NATOMASRESERVE@CITYOFSACRAMENTO.ORG

www.cityofsacramento.gov



Fall/Winter 2025 Activities



Hours of Operation:
Mon-Fri 8:00AM-8:00PM
Sat. 8:00AM-12:00PM

2921 Truxel Road
Sacramento, CA 95833

Youth Ages 6-12

Rec Express

Aug.11 through Dec.19 / 3pm-6pm

Participants enjoy a variety of fun activities such as arts and crafts, games, STEAM activities and outside play.

\$ Kids Night Out

Oct. 17 & Dec.12 / 6:30-8:30PM

We will be offering various recreation activities, games and serve a meal for participants. Staff will lead fun activities designed to encourage, grow and support friendships and social skills.



Teens Ages 13-17

Teen Scene

Aug.11 through Dec. 19 / 3pm-6pm

Participants will enjoy a variety of exciting activities including games, crafts, team building and sports.



Hot Spot Remix

Sept. 12 & Nov. 14 / 6:30-8:30PM

Sign your teens up for Hot Spot Remix. They will enjoy a FREE meal and can WIN awesome prizes!



Seniors 50+



GARDEN CLUB • PINOCHLE
CHAIR-A-CISE • MAHJONG
DRUM N' FIT • COFFEE SOCIAL
GOLDEN AGE YOGA • MOVIE MATINEES
NEIGHBORHOOD WALK • TAI CHI
ZUMBA • GROOVE DANCE

\$ • Winter Special Event:

Senior Holiday Sparkle and Shine

Dec. 11, 2025, Time: TBD

Where: Pannell Community Center
Come out and have a great time celebrating the holiday season in your most festive holiday apparel.
This year our event will be featuring:

Live DJ/ Dancing Games/ Photo Booth/
Holiday Meal/ Seasonal Desserts & More!



Leisure Enrichment

\$ Community Martial Arts

All Ages

*Beginners: Tuesday & Thursday
5:30pm or 6:30pm*

*Advanced: Wednesday @ 5:30pm
916.494.1220 for more information*



\$ Kids R It Fridays

Dance Class:

**Ages 3-4 @ 3:15pm
Ages 5-9 @ 4:15pm**



**Gymnastics: Ages 7-11
@ 5:15pm**

916.331.0554 for more information