

EASY INDOOR ACTIVITIES FOR KIDS

Understanding that many may not have access to [craft books](#), supplies or [art materials](#), these **Easy Indoor Activities for Kids** are cheap and easy to set up with most household materials you probably have on hand. Many of these are great ways to [recycle and reuse packaging](#) and materials from home.

What if I don't have the exact items at home to set up these indoor activities?

Don't fret! The last thing we want you to do is go out and buy stuff you'll need once or twice. Take stock of what is in your home and improvise! Also involve your kids and ask them, "how can we make this another way? Easier? Faster? Better?" Test out different ideas – the experimentation in creating different variations of games is also fun!



Create an Obstacle Course Using Crepe Paper

- Take a roll of crepe paper and tape lines across a hallway wall. Zig the lines high and low. Encourage kids to walk through without breaking the crepe paper!



Ball Shaker Game

- This was from our [Minute to Win It Games](#). Take an empty tissue paper box and fill with ping pong balls. Take a sash, scarf or pantyhose and tie around your waste.
- Encourage kids to shake out the balls in X number of seconds or minutes.
- If you don't have ping pong balls you can stuff with large bells, or anything soft, round and not too heavy



Sensory Walk or Gross Motor Footprint Handprint Activity

- Trace one handprint and one footprint. Use that as a template to make several pairs of footprints and handprints. Tape down to colored paper. Make a gross motor game by placing your hands and feet on on the paper.



Ping Pong Ball Toss

- Use varying paper tubes in heights and use painter's tape to tape down the floor or you can even insert them on top of a cardboard box and hot glue down. Place foil over the opening and ping pong balls on top so they don't fall down.
- Tip: If you have large colored plastic balls you don't need the foil. Use a ball or make your own (we crumpled a piece of leftover foil!) to knock down the balls. Or if you have a Nerf Gun, you can use that too.



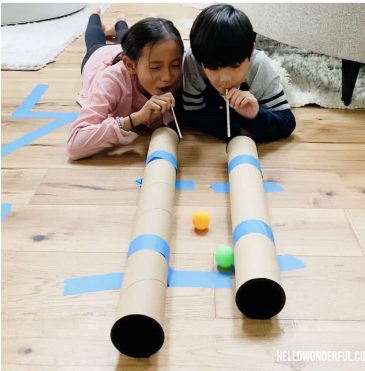
Walk the Line

- Create different lines on the floor and have kids follow the lines for a fun gross motor game.



Line the Cars on the Line

- You can use the same line from above and line cars along the lines.
- This can be any small item though! LEGO, Duplos, trains, dinosaurs, whatever your kid is into at the moment.



Ball Straw Blower Race

- Take two paper tubes and tape to the floor. Give each kid a straw and do a ping pong ball race!
- If the ping pong is too easy to blow, use a heavier ball or object. Test out different ones – the experimentation in creating different variations of games is also fun!



Paper Cup Stacking

- Recycle and reuse paper cups into a fun stacking game. How high can you go?! Get the little ones to help bring and stack cups too!



Paper Plate Toss

- Take a paper towel roll and tape to the floor. Cut out inner circles from various paper plate sizes. Do a paper plate toss.
- How many can you get in in how many seconds/minutes? Make it more challenging by scooting further back!



Paper Plate Ring

- Here's a variation of the above for toddlers, let them stack the plates inside the roll.
- Variation – you could cut small to medium and use only white paper plates you can color in rainbow colors a fun color recognition learning activity!



Create a Reading Book Nook

- Build a fort, we have this awesome [Fort Builder](#), but you don't need to run out and get it if you don't have one.
- We've build plenty of cushion and pillow/blanket forts before!
- Add several books around and make a cozy indoor [reading nook](#)!



Car Ramp

- Reuse a big paper tube and drop cars down. This may sounds simple, but trust me, it keeps my toddler engaged for a good chunk of time! Use trains, small toys, dinosaurs, whatever can drop down a ramp!
- Variation, make it bigger! Connect a couple more tubes together!