



## Emergency Supply Checklist

The basics of survival - water, food and clean air - are essential, but some of the following items may make a time of crisis more comfortable.

### Basic Supplies

- Flashlight and extra batteries
- Battery powered radio and extra batteries
- Plastic garbage bags, ties and toilet paper for personal sanitation
- First aid kit
- Map of the area for evacuation or for locating shelters
- A whistle to signal for help
- Moist towelettes

### Clothing and Bedding

If you live in a cold weather climate, you must think about warmth. It is possible that the power will be out and you will not have heat. Rethink your clothing and bedding supplies once a year to account for growing children and other family changes.

Have at least one complete change of warm clothing and shoes per person including

- A jacket or coat
- Long pants
- A long sleeve shirt
- Sturdy shoes
- A hat and gloves
- A sleeping bag or warm blanket for each person

### Tools

- Emergency reference material such as a first aid book or a print out of this information
- Mess kits, or paper cups, plates and plastic utensils
- Cash or traveler's checks, change
- Non-electric can opener, utility knife
- Paper towels
- Fire extinguisher: small canister, ABC type
- Tube tent
- Pliers
- Compass
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare
- Paper, pencil
- Medicine dropper
- Shut-off wrench, to turn off household gas and water

## **Sanitation**

- Toilet paper, towelettes
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

You can use bleach as a disinfectant (diluted nine parts water to one part bleach), or in an emergency you can also use it to purify water. Use 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.

## **Important Family Documents**

Keep copies of important family records such as insurance policies, identification and bank account records in a waterproof, portable container.