

Sacramento Police Department After-Academy Training Course

Course Title: CIT (Crisis Intervention Training)

Course Description: The Sacramento Police Department CIT course is a 40-hour comprehensive training led by multiple instructors who are certified and who are specialists in their perspective fields. These instructors teach officers about the nuances with working with the mentally ill demographic.

Course Objective: To provide officers basic knowledge of mental illness, facilitate an understanding, and to be able to implement CIT into their daily methods when presented with a consumer with mental health issues.

Representative Methods of Evaluation:

- Class participation
- Scenario performance
- Pre-test Assessment