

**Sacramento Police Department  
Academy Preparatory Course  
Adult Learning Concepts**

**Course Description:**

**This course focuses on students' ability to understand how they learn best. It will give them the tools to be able to process new information effectively based on their specific learning needs.**

**Course Objective:** Upon completion of this course, the student will be able to:

- Understand how students learn best (visual, auditory, tactile, kinesthetic)
- Have multiple different types of study methods
- Understand the process for critical thinking as it relates to studying
- Understand learning modalities and blooms taxonomy
- Recalling their history with learning and how they were inspired

**Representative Methods of Evaluation:**

- Lecture
- Class participation
- Class presentations