# Sacramento Police Department SWAT Ballistic Shield Training

**Statement of Purpose:** The purpose of this course is to enhance an officer's knowledge and comfortability with ballistic shields during room clearing and vehicle approaches.

#### **Total course hours:**

3 hours

Course Objectives: Upon completion of this course the student will:

- 1. Demonstrate the ability to safely use ballistic shields during hallway movements, room entries, room clearing and vehicle approaches
- 2. Demonstrate knowledge on components of using a shield during a contact team, during custody sessions and working with a cover officer.

### I. Introductions / Safety Briefing

- a. Instructor and Student introductions
- b. Course schedule
- c. Review of Course Safety Policy
- d. Armor familiarization
- e. General rules and expectations
- f. Safety check of student's equipment
  - i. Empty duty belt
  - ii. NO Firearms/NO Ammunition
  - iii. NO OC
  - iv. NO Taser Cartridges
  - v. NO Knives/Sharp/Poking/Stabbing Instruments

#### II. Equipment Needs

- a. Binder Lesson Plan
- b. Binder Safety plan
- c. First aid kit
- d. Cell phone
- e. Simmunition guns
- f. Simmunition ammunition
- g. Eye protection

## III. Law and policy review regarding use of force

- a. Instructors will lead a group discussion regarding department Policy to include use of force, and medical aid.
- b. Instructors will gauge student comprehension of applicable case law by asking relatable questions to the group

### IV. Ballistic Shield Introduction

a. Shield Presentation (power point)
History of shield use, events, and when/why they should be used

## V. Shield carry positions

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Instructors will demonstrate the components of the various shield carrying positions

### VI. Doorway and room entry movements

a. Instructors will demonstrate the components of using a shield to enter various doorways and make entry into a room

## VII. Movement through rooms

a. Instructors will demonstrate the components of using a shield to move through and clear various types of

## VIII. Hallway movements

a. Instructors will demonstrate the components of using a shield to move down a hallway with a cover officer

### IX. Shield and 3 man-bump

**a.** Instructors will demonstrate the components of using a shield when clearing utilizing a 3-man bump clearing tactic

### X. Crisis Entry with a ballistic shield

**a.** Instructors will demonstrate the components of using a shield to make a crisis entry

# XI. Vehicle approaches

a. Instructors will demonstrate the components of using a shield to safely approach vehicles

#### XII. Scenarios

- a. Students will participate in clearing scenarios with 2-3 other officers
  - i. Students will develop a clearing plan of a given area with their cover officers and utilize the shield
- b. Students will participate in scenarios within a team of 2-3 officers
  - i. Students will respond to stimulus in a simulated active shooter scenario and utilize the shield for entry

#### XIII. Debrief

- Instructors will lead a debrief regarding the information and techniques learned during the class to include takeaways, areas of improvement, and assess any injuries
- b. Ensure sign in on a roster to track officer attendance