

Sacramento Police Department
ADDITIONAL OFFICER TRAINING - 2021
RIFLE UPDATE Course

Statement of Purpose: The purpose of this 4-hour course is to provide refresher patrol rifle training along with updated training on weapons manipulation, reloads, and maintaining a stable shooting platform. The course will consist of the physical breakdown and maintenance of the patrol rifle followed by practical skill building drills and rifle zeroing.

- I. Rifle Inspection and Rifle Deployment
 - a. Physically breakdown rifles and add lubricant to bolt carrier if needed
 - b. Advise shooters to inspect Aimpoint installation
 - c. Advise shooters to inspect gas rings
 - d. Discuss vehicle deployment

- II. Safety Briefing
 - a. Firearms Safety Briefing

- III. Rifle Zero Confirmation
 - a. Zeroing targets

- IV. Rifle Mount Drills
 - a. Discuss the mount (reference lesson plan)
 - b. Discuss Safety manipulation
 - c. Course #1- Dominant Side Mount
 - i. Training Targets
 - ii. Focus on acquiring a good mount on dominant side
 - iii. Live Fire Drill
 1. Upon a threat command, shooters will fire rounds at target
 2. Repeat numerous times
 - d. Course #2- Nondominant Side
 - i. Training targets
 - ii. Focus on acquiring a good mount on non-dominant side
 - iii. Live fire
 1. Upon a threat command, shooters will fire rounds at a target

- V. Emergency Reloads / Rifle to Pistol Transitions
 - a. Discuss reloading (reference lesson plan)
 - b. Discuss rifle to pistol transition (reference lesson plan)
 - c. Course #1- Emergency Reload
 - i. Training targets
 - ii. Full magazine and Empty magazine
 - iii. Induce emergency reload
 - iv. Live Fire Drill #1- Emergency Reloads
 1. Upon threat command, shooter will fire at a target
 2. Perform a reload
 3. Shooter will fire another string of rounds
 4. Repeat 7 times

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- d. Course #2- Rifle to Pistol Transition
 - i. Training targets
 - ii. Continue with rifle magazine from course #1
 - iii. Live Fire Drill #1- Rifle to Pistol Transitions
 - 1. Upon threat command shooter will fire rounds
 - 2. When deemed necessary
 - 3. Transition to pistol and fire rounds
 - 4. Repeat 6 times

- VI. Positional Shooting / Vehicle as cover
 - a. Discuss cover vs. concealment (reference lesson plan)
 - b. Discuss bracing for accuracy (reference lesson plan)
 - c. Discuss positions and unconventional positions when using a vehicle as cover (reference lesson plan)
 - d. Show the 8 areas of the vehicle students will shoot from (See Diagram)
 - i. Left of left facing bumper
 - 1. Low/braced kneeling, Left-handed
 - ii. Over the hood
 - 1. Junkyard Prone
 - iii. Over the trunk
 - 1. Junkyard prone
 - iv. Through the driver compartment windows
 - 1. Squatting
 - v. Through the passenger compartment windows
 - 1. Squatting
 - vi. Under the vehicle front
 - 1. Kneeling prone / roll-over prone
 - vii. Under the vehicle rear
 - 1. Kneeling prone / roll-over prone
 - viii. Right of right facing bumper
 - 1. Low/braced kneeling, Right-handed
 - e. Live Fire Drill #1
 - i. Range vehicle with all the windows down
 - ii. 2 steel targets down range, one to the right of the vehicle and one to the left of the vehicle
 - 1. Consider spray painting the targets different colors to avoid confusion
 - iii. Two (2) Shooters at a time
 - 1. One shooter starts on the left
 - 2. One shooter starts on the right
 - iv. Shooters start with a duty loaded weapon
 - 1. Empty chamber, safety on, magazine inserted
 - v. Shooters will start standing
 - vi. On a threat command
 - 1. Shooters will charge their rifle and fire rounds from each position

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- on both sides of the vehicle
 - 2. Shooters will target the steel target that is on the same side of the vehicle their shooting from
 - 3. Shooters shall communicate when they are ready to switch sides of the vehicle and when they are clear
- f. Live Fire Drill #2
- i. Individual Shooters
 - ii. Range vehicle with all the windows down
 - iii. 1 steel target down range, centered on the vehicle
 - iv. Range master will designate 4 of the 8 areas on the vehicle to shoot from
 - v. Shooters will start with a duty loaded weapon
 - vi. Upon a threat command
 - 1. The shooter will quickly move to the vehicle
 - 2. Charge their rifle and fire rounds from the 4 areas designated by the range master
 - 3. Must have positive hits on target
 - a. Shooters can transition to pistol to complete the drill

- VII. Rifle Qualification
- a. 2021 Rifle Qualification

Staffing: 3 Instructors (*minimum*)

Equipment Needs:

- 1) Training Targets / Qualification Targets
- 2) 50-yard range
- 3) First Aid Kit
- 4) Eye and ear protection
- 5) Break free or other lubricant
- 7) Maintenance supplies for targets, backers, etc.