

# Sacramento Police Department

## Bike Team Training Day

**Statement of Purpose:** The purpose of this course is to reinforce skills and train in scenarios for bike patrol.

- I. Lecture – recent trends on crowd management
  - A. Crowd behavior
  - B. Anarchist tactics
  
- II. Physical maneuvering - Basic
  - A. Warm Up – Instructors
  - B. Cone patterns for skills refresher and testing
  - C. Formation drills
  
- III. Physical maneuvering - Advanced
  - A. Challenges to test advanced skills
    1. Cones for slalom course to test tight turns
    2. High speed stopping and braking, sharp turn and balance drills
  
- IV. Bike Maintenance refresher
  
- V. Lecture and classroom - afternoon
  - A. Dealing with flying objects
  - B. Rescues – Antifa rush a motor officer – play video
  - C. Discuss environment/locations
  
- VI. Assaultive protester scenarios