

PREDESIGNATION OF PERSONAL PHYSICIAN

In the event you sustain an injury or illness related to your employment, you may be treated for such injury or illness by your personal medical doctor (M.D.), doctor of osteopathic medicine (D.O.) or medical group if:

- on the date of your work injury you have health care coverage for injuries or illnesses that are not work related;
- the doctor is your regular physician, who shall be either a physician who has limited his or her practice of medicine to general practice or who is a board-certified or board-eligible internist, pediatrician, obstetrician-gynecologist, or family practitioner, and has previously directed your medical treatment, and retains your medical records;
- your "personal physician" may be a medical group if it is a single corporation or partnership composed of licensed doctors of medicine or osteopathy, which operates an integrated multispecialty medical group providing comprehensive medical services predominantly for nonoccupational illnesses and injuries;
- prior to the injury your doctor agrees to treat you for work injuries or illnesses;
- prior to the injury you provided your employer the following in writing: (1) notice that you want your personal doctor to treat you for a work-related injury or illness, and (2) your personal doctor's name and business address.

You may use this form to notify your employer if you wish to have your personal medical doctor or a doctor of osteopathic medicine treat you for a work-related injury or illness and the above requirements are met.

NOTICE OF PREDESIGNATION OF PERSONAL PHYSICIAN

Employee: Complete this section.

To: _____ (name of employer) If I have a work-related injury or illness, I choose to be treated by:

(name of doctor)(M.D., D.O., or medical group)

(street address, city, state, ZIP)

(telephone number)

Employee Name (please print):

Employee's Address:

Name of Insurance Company, Plan, or Fund providing health coverage for nonoccupational injuries or illnesses:

Employee's Signature _____ Date: _____

Physician: I agree to this Predesignation:

Signature: _____ Date: _____

(Physician or Designated Employee of the Physician or Medical Group)

The physician is not required to sign this form, however, if the physician or designated employee of the physician or medical group does not sign, other documentation of the physician's agreement to be predesignated will be required pursuant to Title 8, California Code of Regulations, section 9780.1(a)(3).

Title 8, California Code of Regulations, section 9783.



(916) 808-5741

(916) 808-8216



Sacramento Medical Center
2016 Morse Ave.
Sacramento, CA 95825
916-973-5499 8:30am-5pm (M-F)

After hours, Weekends & Holidays
EMERGENCY ROOM
2025 Morse Ave.
Sacramento, CA 95825
916-973-6600 **OPEN 24 HOURS**

South Sacramento Medical Center
6600 Bruceville Rd, Building 3 - 2nd Floor
Sacramento, CA 95823
916-688-2005 8:30am-5pm (M-F)

After hours, Weekends & Holidays
6600 Bruceville Rd
Sacramento, CA 95823
916-688-2005 **OPEN 24 HOURS**

Folsom Medical Offices
2155 Iron Point Rd, 2nd Floor
Folsom, CA 95630
916-817-5660 8:30am-5pm (M-F)
NO ER AT THIS LOCATION

Roseville Medical Center
1600 Eureka Rd, Building C - 1st Floor
Roseville, CA 95661
916-784-4100 8:30am-5pm (M-F)

After hours, Weekends & Holidays
EMERGENCY ROOM
1600 Eureka Rd
Roseville, CA 95661
916-784-5390 **OPEN 24 HOURS**

You can receive treatment from a Kaiser facility without being a Kaiser member!



MEDICAL TREATMENT FACILITIES FOR INJURED EMPLOYEES



Concentra offers **FREE** transportation for nearby facilities.



Concentra Telemed services are available 24/7



Sacramento - Downtown
1675 Alhambra Blvd
Sacramento, CA 95816
916-451-4580 8am-5pm (M-F)

West Sacramento
3680 Industrial Blvd
West Sacramento, CA 95691
916-373-7575 8am-5pm (M-F)

Sacramento - North
4700 Northgate Blvd
Sacramento, CA 95834
916-929-6161 8am-5pm (M-F)

Rancho Cordova
10670 White Rock Rd
Rancho Cordova, CA 95670
916-364-1733 8am-5pm (M-F)

Rocklin
2305 Sunset Blvd
Rocklin, CA 95765
916-632-9606 8am-5pm (M-F)



Sacramento – Downtown
1029 29th St #340
Sacramento, CA 95816
916-980-8858
7am-6pm (M-F)

Elk Grove
10471 Grant Line Rd, Suite 130
Elk Grove, CA 95624
916-750-4555
8:30am-6:30pm (M, T, Th)
7am-5:30pm (W, F)

Roseville
151 N Sunrise Ave, #1001
Roseville, CA 95661
916-720-2067
7:30am-5pm (T-F)
7:30-6pm (M)

Sacramento
9852 Business Park Dr. Suite A
Sacramento, CA 95827
(916) 362-7962
7:30am-6:30pm (M-F)
8am-12pm (Sat)

Fair Oaks
5525 Dewey Dr, Suite 202
Fair Oaks, CA 95628
916-536-9130
7:30am-6:30pm (M-F)

Rancho Murieta
7281 Lone Pine Drive, Suite D103
Rancho Murieta, CA 95683
916-354-0719
8am-6pm (M, T, Th, F)
8am-5pm (W)

To file a claim or send documents, please go to cityofsacramento.files.com/u/workerscomp



1600 Creekside Dr, Suite 3300
Folsom, CA 95630
866-302-0605 9am-5pm (M-F)
9am-12pm (Saturday)

**IN CASE OF
AN EMERGENCY,
CALL 911**



Sacramento – Midtown – Urgent Care
3000 Q Street
Sacramento, CA 95816
916-733-3333 8am-5pm (M-F)

Elk Grove
9394 Big Horn Blvd
Elk Grove, CA 95758
916-735-4735 8am-5pm (M-F)

Folsom
1730 Prairie City Road
Folsom, CA 95630
916-351-4800 8am-5pm (M-F)